

Hallux Valgus

Etiology, Evaluation, Cosmetic and Functional Concerns



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ORTHOPAEDIC UPDATE
For Allied Healthcare Professions

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Bunion





Etiology

- Congenital
- Gender 10:1 (Female : Male)
- Footwear
- Hypermobility
- Flatfoot
- Achilles equines
- Systemic Disease

Evaluation

- Deformity
 - Mild
 - Moderate
 - Sever
- HV Angle > 15 Degrees
- IM Angle > 9 Degrees



X-Ray Evaluation

Anatomy of a bunion



Cosmetic Concerns

- Not Sexy!





Functional Concerns

- Shoe Wear Difficulties
- Limited Propulsion and Stability

https://www.youtube.com/watch?v=L_orU3MgOVw

Functional Concerns

