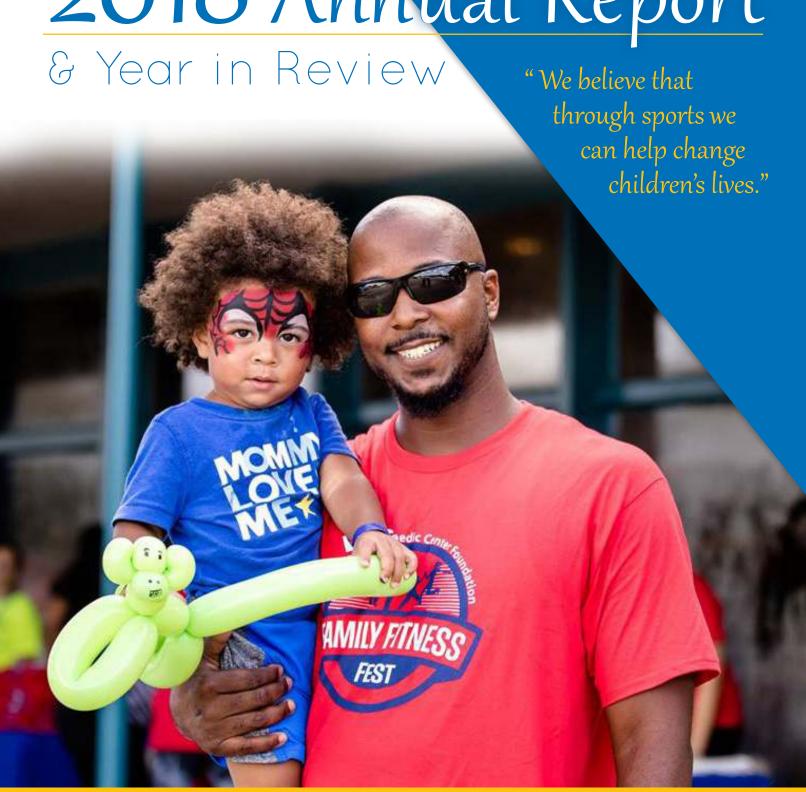


GIVE KIDS SPORTS = EDUCATION = INJURY PREVENTION

# 2018 Annual Report & Year in Review "We believe that



## Our Story

Since beginning our mission in 2012, we have raised \$1.4 million towards our two primary goals: to provide injury prevention education and to help underserved children participate in quality youth sports programs which foster sportsmanship, confidence, discipline, and teamwork.

Founded by Randy S. Schwartzberg, M.D., the Orlando Orthopaedic Center Foundation believes that through sports we can improve lives, strengthen relationships, and produce more active and engaged adults throughout our community.

We rely 100% on individual, corporate, and local business donations to further our mission.



Randy S. Schwartzberg, M.D. President of the Board

## **GIVE KIDS SPORTS**

Our Give Kids Sports initiative helps underserved children throughout Central Florida participate in youth sports programs they otherwise may not be able to afford. The effort also focuses on injury prevention education to help ensure youth athletes develop a lifetime of healthy habits playing the sports they love.





Family Fitness Fest is our free, annual community event aimed at improving strength and agility through different fitness activities. We had more than 470 individual participants join us for the day of fun, education, and teamwork.







Thanks to generous donations, we sent more than 200 children in need to summer sports camps in 2018.

If you want to get involved or would like more information, please contact Info@OrlandoOrthoFoundation.org

The Orlando Orthopaedic Center Foundation provides ongoing educational opportunities to those interacting with and supporting young athletes on a day-to-day basis.

Annually we host two seminars to provide physicians, physicians assistants, athletic trainers, physical therapists, nurses, and students the opportunity to learn evidence-based practices and the latest techniques and surgical procedures used to treat orthopaedic conditions.

**EDUCATION** 



More than 1,500 attendees earned continuing education units (CEUs) while discovering the latest technology and best practices to treat orthopaedic injuries thanks to 715 volunteer hours dedicated to our two annual education seminars.

Launched in 2017, the Women's Wellness Luncheon was established for the education, empowerment, and pursuit of excellence in women's wellness. The 2018 event hosted more than 150 women.



## **INJURY PREVENTION**

This year, we provided more than 2,000 pre-participation sports physicals to local athletes. The efforts included 19 events, 2,036 students, 21 Orlando Orthopaedic Center employees and more than 350 volunteer hours donated by employees, students, and community members.

The Foundation ensures the events, materials, and staff are free to schools. The schools may charge a small fee to offset budget shortfalls within their athletic departments.









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